

Lakeville Lions News

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Lion Pat Moynihan

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1st Vice President

Lion John Arvidson

2nd Vice President

Lion John Buehler

3rd Vice President

Lion Arnold Zach

Secretary

Lion Heino Benthin

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Lion John Johnson

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Lion Doug Thompson

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Lion Kim Gustafson

Lion Tamer

Lion John Strunk

Members

Lion Tom Asbel

Lion Larry Bakken

Lion Ken Burmeister

Lion Butch Carrick

Lion Ric Clemenson

Lion Don Cross

Lion Jan Dallenbach

Lion John Deschene

Lion Jim Emond Sr.

Lion Christi Fletcher

Lion John Gorence

Lion Paul Haglund

District 5M6
Issue 26

Region 2, Zone 1
Oct. 05, 2009

President's Thoughts

Each year, it seems, some one in the Lions senior leadership makes a special point to encourage each Lions Club to increase their membership. This year District Governor Charlie Anderson has said one of his goals is to have a net gain of 39 members in the district at the end of the year. That means a net gain of one member per club within the district. DG Charlie even admits this is a modest goal.

When we hear about these goals its sometimes hard to remember they are not set to be a part of a "numbers game". They really are about spreading Lionism through out everyone's community by getting more people actively involved in serving others. These goals are also about maintaining Lionism by keeping people actively serving others. An important part of all this is fun and camaraderie with a Lions club.

This month our club has three events: the road clean-up, the food drive, and the bloodmobile. Each of these events is a perfect opportunity to spend some time visiting with members of our club that you do not know very well and serve the community at the same time. By doing this you will be spreading and maintaining Lionism within Lakeville. Please give it a try.

Stay connected

Our Club Newsletter: <http://www.lakeville-lions.org>

5M6 Governor's Newsletter: <http://www.lions5M6.org>

Multiple District 5M Newsletter: <http://www.lionsmd5m.org>

Lions International: <http://www.lionsclubs.org>

Lion President Pat Moynihan: PJMoynihan@msn.com

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Calendar of Events

Oct 12, 2009	General Meeting/52 Club Grand Prize
Oct. 15, 2009	Board Meeting
Oct. 26, 2009	General Meeting/Joint Meeting
Nov. 9, 2009	General Meeting

General meetings begin at 6:30 PM.

Board meetings begin at 7:00 PM.

All meetings are at the VFW unless otherwise noted.

Lion Larry Hamre
 Lion Larry Hazel
 Lion Brenda Herald
 Lion Mike Herald
 Lion Thor Howe
 Lion Larry Juenemann
 Lion Jeff Kohlnhofer
 Lion Glenn Langord
 Lion Deb Laugerude
 Lion Jerry Laugerude
 Lion Bill Macklin
 Lion Mike Malone
 Lion Andy Mattson
 Lion Larry McCaghy
 Lion Don McGuire
 Lion Jacque Mihm
 Lion Chris Olson
 Lion Ernie Papacek
 Lion Jim Plourde
 Lion Bob Redmond
 Lion Terry Saul
 Lion John Schweich
 Lion Gary Stinar
 Lion Dave
 Sturlaugson
 Lion Joe Sturlaugson
 Lion John Thorn
 Lion Chuck Velin
 Lion Brian
 Vucinovich
 Lion Nick Wolf
 Lion Duane Zaun



Lakeville Lions
PO Box 428
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Upcoming events and News:

Oct. 12, 2009 **General Meeting/52 Club Grand Prize** It's a big event once again as we gather at the VFW at 6:30 for dinner and the drawing for our top three winners for the 52 club contest. It's also a big day for any of you who celebrate Columbus Day. Happy Holiday.

Oct. 19, 2009 **Roadside Clean-up Day** The location, meeting spot, and time are the same as in years past. Remember this is the easy clean-up of the year. I like to think of it as training for the big event in the spring. A sign up sheet will be going a round at our next meeting so bring a pencil. This is a good event to bring a friend, spouse, or child. All are welcome and the more the better.

Oct. 22, 2009 **Bloodmobile** Nothing else needs to be said about this event. Like the Roadside Clean Up event a sign up sheet will be going around at our next general meeting on October 12.

Oct. 31, 2009 **Food Drive** Lion Brian has set the date for this year food drive. Again we will be collecting food at the two Cub Food stores and Rainbow Foods store in our fine city. The event takes place from 9 am to 3pm and all collected food will go to the Community Action Council. Contact Lion Brian if you want to participate.

Recent Events and News:

September, 2009 **District 5M-6 Vision News**
 In the September Visions Newsletter the Lakeville Lions Club was featured under the "Getting to Know the Clubs of 5M6." The article provided an overview of our club along with a photograph depicting our involvement in raising funds and school equipment for families in need. The event was co-sponsored by CAC.

September 14, 2009 **General Meeting Held at the Lakeville Police Station.**
 We left the friendly atmosphere of the VFW and held our Sep. 14th General Meeting at the Lakeville Police Department. After a quick meal a short tour of the 1 year old facility was provided by Lion John A. Hopefully everyone enjoyed the tour and the tour guide. I hear he was really nervous about it.

Up we go...

Several different things can be mentioned in a newsletter but the one that I enjoy writing about the most is when we take on new members. Our membership grew by three in the last month as Christiana Fletcher, Jacque Mihm and Debora Laugerude became official members of the organization and now can be called Lion Christiana, Lion Jacque, and Lion Debora. Welcome and congratulations on becoming a Lion.

Change comes hard for some of us Lions but changed was forced upon us as Mary Jo Johnson retired and no longer will be our server at our general meetings. Heidi Juenke stepped up to the plate and will be our server in the future. We wish them both luck.

Sep. 28, 2009

Our guest speaker, Ernie Carwile spoke on : Attitude : It's not what you see, it's how you see. Mr. Carwile has written several books on how to live a better and more fulfilled life. His short presentation provided a brief look at how slight change in how you see the world and how you act in it can have a huge impact.

Donations were made to the follow individuals or groups:

- Minnesota Special Olympics
- Travel expenses for a needy Lakeville resident

On The Lighter Side of Things....

Facts about Humanity

Electrical stimulation of certain areas of the brain has been proven to revive long-lost memories.

A cough releases an explosive charge of air that moves at speeds up to 60 mph.

A fingernail or toenail takes about 6 months to grow from base to tip.

A human being loses an average of 40 to 100 strands of hair a day.

A person will die from total lack of sleep sooner than from starvation. Death will occur about 10 days without sleep, while starvation takes a few weeks.

A sneeze can exceed the speed of 100 mph.

According to German researchers, the risk of heart attack is higher on Monday than any other day of the week.

According to the Kinsey Institute, the biggest erect penis on record measures 13 inches. The smallest tops off at 1 3/4 inches.

After spending hours working at a computer display, look at a blank piece of white paper. It will probably appear pink.

An apple, onion, and potato all have the same taste. The differences in flavor are caused by their smell. To prove this you can pinch your nose and take a bite from each. They will all taste sweet.

An average human drinks about 16, 000 gallons of water in a lifetime.

An average human scalp has 100,000 hairs.

An average person uses the bathroom 6 times per day.

At age seventy, 73% of men are still potent.

Babies are born with 300 bones, but by adulthood we have only 206 in our bodies.

Beards are the fastest growing hairs on the human body. If the average man never trimmed his beard, it would grow to nearly 30 feet long in his lifetime.

Blondes have more hair than dark-haired people.

By age sixty, most people have lost half of their taste buds.

By the time you turn 70, your heart will have beat some two-and-a-half billion times (figuring on an average of 70 beats per minute.)

Children grow faster in the springtime than any other season during the year.

Children laugh about 400 times a day, while adults laugh on average only 15 times a day.

Each square inch of human skin consists of twenty feet of blood vessels.

Every day, the average person produces about a quart of mucus.

Every human spent about half an hour as a single cell.

Every person has a unique tongue print.

Every square inch of the human body has an average of 32 million bacteria on it.

Every time you lick a stamp, you're consuming 1/10 of a calorie.

Females learn to talk earlier, use sentences earlier, and learn to read more quickly than males.

Fingernails grow faster than toenails.

Fingerprints serve a function - they provide traction for the fingers to grasp things.

Humans shed about 600,000 particles of skin every hour - about 1.5 pounds a year. By 70 years of age, an average person will have lost 105 pounds of skin.

Humans shed and regrow outer skin cells about every 27 days - almost 1,000 new skins in a lifetime.

If it were removed from the body, the small intestine would stretch to a length of 22 feet.

If you are locked in a completely sealed room, you will die of carbon dioxide poisoning first before you will die of oxygen deprivation.

If you go blind in one eye, you'll only lose about one-fifth of your vision (but all your depth perception.)

In a lifetime the average US resident eats more than 50 tons of food and drinks more than 13,000 gallons of liquid.

In the late 19th century, millions of human mummies were used as fuel for locomotives in Egypt where wood and coal was scarce, but mummies were plentiful.

It takes 17 muscles to smile --- 43 to frown.

Intelligent people have more zinc and copper in their hair.

Insomniacs may move as many as seventy times.

Jaw muscles can provide about 200 pounds of force to bring the back teeth together for chewing.

Kids in North America spend close to half a billion dollars annually on chewing gum!

Lab tests can detect traces of alcohol in urine six to 12 hours after a person has stopped drinking.

Laughing lowers levels of stress hormones and strengthens the immune system. Six-year-olds laugh an average of 300 times a day. Adults only laugh 15 to 100 times a day.

Most men have erections every hour to hour and a half during sleep.

The ashes of the average cremated person weigh nine pounds.

The average duration of sexual intercourse for humans is 2 minutes.

The average human body contains enough: iron to make a 3 inch nail, sulfur to kill all fleas on an average dog, carbon to make 900 pencils, potassium to fire a toy cannon, fat to make 7 bars of soap, phosphorous to make 2,200 match heads, and water to fill a ten-gallon tank.

The average human produces 25,000 quarts of spit in a lifetime, enough to fill two swimming pools.

The average person releases nearly a pint of intestinal gas by flatulence every day. Most is due to swallowed air. The rest is from fermentation of undigested food.

The body's largest internal organ is the small intestine at an average length of 20 feet

The feet account for one quarter of all the human bodies bones.

The human body has enough fat to produce 7 bars of soap.

The human body has over 600 muscles, 40% of the body's weight.

The human brain is about 85% water.

The largest cell in the human body is the female ovum, or egg cell. It is about 1/180 inch in diameter. The smallest cell in the human body is the male sperm. It takes about 175,000 sperm cells to weigh as much as a single egg cell.

The largest human organ is the skin, with a surface area of about 25 square feet.

The left lung is smaller than the right lung to make room for the heart.

The little lump of flesh just forward of your ear canal, right next to your temple, is called a tragus.

The longest muscle in the human body is the sartorius. This narrow muscle of the thigh passes obliquely across the front of the thigh and helps rotate the leg to the position assumed in sitting cross-legged. Its name is a derivation of the adjective "sartorial," a reference to what was the traditional cross-legged position of tailors (or "sartors") at work.

The most common blood type in the world is Type O. The rarest, Type A-H, has been found in less than a dozen people since the type was discovered.

The Neanderthal's brain was bigger than yours is.

The only bone in the human body not connected to another is the hyoid, a V-shaped bone located at the base of the tongue between the mandible and the voice box. Its function is to support the tongue and its muscles.

The permanent teeth that erupt to replace their primary predecessors (baby teeth) are called succedaneous teeth.

The sound of a snore (up to 69 decibels) can be almost as loud as the noise of a pneumatic drill.

The tips of fingers and the soles of feet are covered by a thick, tough layer of skin called the stratum corneum.

There are 45 miles of nerves in the skin of a human being.

Three-hundred-million cells die in the human body every minute.

We lose half a liter of water a day through breathing. This is the water vapor we see when we breathe onto glass.

Women burn fat more slowly than men, by a rate of about 50 calories a day.

Women's hearts beat faster than men's.

Editors Note:

Only because I'm the Editor and because I need to make up for some of those headaches I have given my mother over the years. Happy birthday mom.

All comments, articles, and photos should be forwarded to Lion John Arvidson. If you have articles or information for upcoming news letters please forward them to jfa4803@yahoo.com no later than 7 days before the 1st of each month.